Wellness Center

How do we support you?
The UIC Wellness Center is your academic, lifestyle, and well-being partner.

Services and Resources:

- Condoms
- Well-being consultations
- DIY events
- Pop-Up Pantry
- Self-care webpage
- Workshops
- Wellness brochures
- Comprehensive wellness website
- Unsheltered student assistance
- Food Assistance resources
- Monthly events/resource guide
- E-CHUG (alcohol self-assessment)
- Student Parent Guide and resources
- Giveaways & more

Join Our Flames Flourish listserv
For wellbeing information, resources, and giveaways

Contact Us:
Location: Student Center
East (SCE), Suite 238
Hours: Monday – Friday 8:30am to 5:00pm
Email: wellnesscenter@uic.edu
Phone number: 312-413-2120
Web: wellnesscenter.uic.edu

DIY Events

09/15 DIY Book-Bag Charm
2-4pm @ SCE Tower, Rm. 613

09/29 Button-Mania
2-4pm @ Montgomery Ward Gallery

10/13 DIY Paint a Pencil Pouch
2-4pm @ Montgomery Ward Gallery

11/7 Deep Chill: Sound-Bath
3-3:45pm @ SCE Tower, Rm. 603

11/10 DIY Gratitude Jars
2-4pm @ Montgomery Ward Gallery

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