

Wellness Center *Services*

HOW DO WE SUPPORT YOU?

The UIC Wellness Center is your academic, lifestyle, and well-being partner.

SERVICES AND RESOURCES:

- Condoms
- Well-being consultations
- DIY events
- Pop-Up Pantry
- Self-care webpage
- Workshops
- Wellness brochures
- Comprehensive wellness website
- Unsheltered student assistance
- Food Assistance resources
- Monthly events /resource guide
- E-CHUG (alcohol self-assessment)
- Student Parent Guide and resources
- Giveaways & more



JOIN OUR FLAMES FLOURISH LISTSERV

For wellbeing information, resources, and giveaways



CONTACT US:

Location: Student Center
East (SCE), Suite 238
Hours: Monday - Friday 8:30am
to 5:00pm
Email: wellnesscenter@uic.edu
Phone number: 312-413-2120
Web: wellnesscenter.uic.edu

09/29
Button-mania
2-4PM @
Montgomery
Ward Gallery

09/15 **DIY**
BOOK-BAG CHARM
2-4pm @ SCE Tower, Rm. 613



DIY EVENTS

10/13 **DIY Paint a
Pencil Pouch**
2-4pm @ Montgomery Ward
Gallery

11/10
**DIY
GRATITUDE
JARS**
2-4PM @
Montgomery Ward
Gallery

11/17 **Deep
Chill:
Sound-Bath**
3-3:45pm @ SCE Tower,
Rm. 603



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